

COPD NATIONAL ACTION PLAN



WHAT IS THE COPD NATIONAL ACTION PLAN?

Chronic Obstructive Pulmonary Disease (COPD) is a leading cause of death and disability in the U.S. The ***COPD National Action Plan*** provides a unified framework for reducing the burden of the disease. Its five goals address the entire spectrum of the complex issues related to COPD.

Goal 1 calls for promoting more public awareness and understanding of COPD, especially among patients and their caregivers.

Goal 2 focuses on increasing the skills and education of healthcare providers so they will be better equipped to provide comprehensive care to people with COPD.

Goal 3 encourages increased data collection, analysis, and sharing to create a better understanding of disease patterns.

Goal 4 aims to increase and sustain COPD research to improve understanding of the disease and its diagnosis and treatment.

Goal 5 calls for federal and nonfederal partners to collaborate to meet the objectives of the Action Plan and translate its recommendations into research and public health care actions.

The *COPD National Action Plan* is a result of extensive collaboration across the COPD community, all working together to provide patient-centered recommendations. It addresses the needs of patients and their caregivers, health care delivery and practice guidelines, the fostering of basic and clinical research, and ways to inform and advance policy.

WHAT YOU CAN DO:

- Stay involved! Successful implementation of the *COPD National Action Plan* depends on the entire COPD community. Stakeholders can use it to drive change and support activities that help reduce the burden of the disease.
- Organizations are encouraged to implement and adapt the *COPD National Action Plan* elements most relevant and feasible for their capacity and area of specialty.
- Track your activities. The *COPD National Action Plan Community Action Tool* was created to help the COPD community track and monitor progress towards the Action Plan's implementation. Add your activities at cnap.nhlbi.nih.gov.

FAST FACTS



COPD is currently the sixth leading cause of death in the U.S. and a leading cause of disability in the U.S.



Millions of people have been diagnosed and millions more have it and don't know.



COPD disproportionately affects **rural Americans and women.**

Learn more at COPD.nih.gov