Asthma in Kids

Asthma is the most common chronic disease of childhood. In an average classroom of 30 kids, about 3 have asthma.

About 4 in 10 children who wheeze when they get a cold will be diagnosed with asthma.

An estimated 5 million children in the U.S. have asthma.

Among all U.S. children, asthma affects about:
- 11% of all children living in poverty
- 11% of all boys ages 5-14
- 14% of all Black children

Each year, children with poorly managed asthma have more than:
- 10 million missed school days
- 74,000 hospital stays
- 767,000 trips to the emergency room

Children with asthma may experience:
- Coughing
- Wheezing
- Chest tightness
- Shortness of breath

If your child has asthma...

Work with their healthcare provider to:
- Develop an asthma action plan
- Identify and avoid triggers
- Take medicines as prescribed
- Watch for any changes

Share the asthma action plan with your child’s caretakers and school.

Your child can lead a full and active life with proper asthma management.

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