

Asthma doesn't have to stand in her way.

Hispanic/Latino children have a high burden of asthma, including being more likely than white kids to be hospitalized for the condition. The asthma burden is especially great for Puerto Rican children, who are three times more likely to have asthma than white children.

THE GOOD NEWS?

People with asthma can take steps to control symptoms and lead full and active lives.



Talk to your child's healthcare provider about making an asthma action plan.

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National Heart, Lung,
and Blood Institute

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