



Learn What a Heart Attack Feels Like

Act fast. Call 9-1-1. It could save your life.

Clot-busting medicines and other treatments can stop a heart attack as it's happening. If you think you or someone else is having a heart attack, call 9-1-1 right away.

Know the heart attack warning signs:

Your **chest** may hurt or feel squeezed.



You may feel discomfort in one or both **arms**, or your back or stomach.



You may feel discomfort in your **neck**, shoulders, or jaw.



You may feel like you **can't breathe**.



You may feel **light-headed** or dizzy, or break out in a cold sweat.



You may feel sick to your **stomach**.

