



Fast Action Saves Lives: Role Plays

Role Play 1: At Home

Two people are at home having breakfast.

Actor 1

I don't feel well! I woke up feeling bad. I have pressure in my chest and I'm light-headed. It's hard to catch my breath. Plus my arm hurts.

Actor 2

You don't look well. I just learned about the signs of a heart attack and I'm worried you're having one! Let's call 9-1-1.

Actor 1

It's probably nothing. It's probably just indigestion. It'll pass.

Actor 2

You need to get checked out. If it's a heart attack, fast treatment can stop the heart attack and prevent serious damage to your heart! I'm calling 9-1-1. They have medicine in the ambulance.

Role Play 2: At Work

Actor 1

Hey, is anything wrong? You don't look well.

Actor 2

I haven't felt right all morning. I feel sick to my stomach and light-headed, and my chest and breathing feel tight.

Actor 1

I heard those are signs of a possible heart attack. You should get checked right away at the hospital. I'll call 9-1-1.



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Actor 2

No, it's probably just from eating a big lunch. Anyway, I don't want to make a scene and get everybody worried. I'll just wait and see if the pain goes away. Plus, I have to get my grandson from daycare today.

Actor 1

We want you to be safe! If it's a heart attack, fast treatment can stop the heart attack and prevent serious damage to your heart! I'm calling 9-1-1.

Role Play 3: At Night

You're at home one night watching TV when you suddenly start to feel very sick. You call your neighbor.

Actor 1

Hey, I have a bad pain in the center of my chest, and I'm short of breath, and cold and sweaty! Will you drive me to the hospital?

Actor 2

Those are symptoms of a possible heart attack! Let's call 9-1-1, so you'll get treatment right away.

Actor 1

I don't want to wake up the neighborhood with the siren and all the lights. It's easier to drive.

Actor 2

But the ambulance crew can treat you right away and even save your life if you get worse fast. Plus, the ER doctors will probably see you more quickly if you arrive by ambulance.

Actor 1

Okay, you're right. Please call 9-1-1 and then come over to be with me.