



# Outcome Evaluation Strategies and Forms

Strategy	Forms	Use This Form	Outcome Evaluation
<b>1. Train the Trainer</b>			
Learn how to teach the course	Community Health Workers Train the Trainer Pretest and Posttest	Before and after the training	<ul style="list-style-type: none"> <li>Number and percentage of participants who learned more</li> <li>Number and percentage of participants who changed their skills</li> </ul>
<b>2. Community Education</b>			
<b>a.</b> Teach the With Every Heartbeat Is Life course only	My Health Habits Pretest and Posttest	Before and after teaching the course	Number and percentage of participants who learned more and changed their attitudes and behaviors
<b>b.</b> Teach the With Every Heartbeat Is Life course and screen program participants	My Health Habits Pretest and Posttest	Before and after teaching the course	Number and percentage of participants who learned more and changed their attitudes and behaviors
	Screening Form	Before and after teaching the course	<ul style="list-style-type: none"> <li>Number and percentage of participants referred to a health care professional</li> <li>Number and percentage of participants who followed up with a health care professional</li> </ul>
<b>3. Lifestyle and Clinical Management</b>			
Teach the With Every Heartbeat Is Life course; screen and manage program participants	My Health Habits Pretest and Posttest	<ul style="list-style-type: none"> <li>Before and after teaching the course</li> <li>12 months after collecting initial (baseline) data</li> </ul>	Number and percentage of patients who learned more and changed their attitudes and behaviors
	Clinical Measures and Followup	<ul style="list-style-type: none"> <li>Before teaching the course (baseline)</li> <li>6 months after baseline</li> <li>12 months after baseline</li> </ul>	<ul style="list-style-type: none"> <li>Number and percentage of patients whose clinical values changed</li> <li>Number and percentage of patients who are taking their medications</li> </ul>
	Community Health Worker Activities Tracking	<ul style="list-style-type: none"> <li>First followup encounter (after the course is taught)</li> <li>3-month followup</li> <li>6-month followup</li> <li>12-month followup</li> </ul>	Number and percentage of patients contacted for followup