

SLEEP 2022 Presentation Highlights

Presentation times are subject to change. Please visit the SLEEP conference [website](#) for an up-to-date schedule.

Sunday, June 5

Dayna A. Johnson, PhD, MPH

Rapid-Fire Symposia: F-01: Racial/Ethnic Differences in Sleep and Health Among Women
Room W209ABC
1:42-2:02pm ET

Mary Carskadon, PhD

Symposia: S-01: Adolescent Sleepiness: Interaction of Sleep and Circadian Timing
Room W207
2:30-3pm ET

Phillip Cheng, PhD and Dayna Johnson, PhD, MPH

Discussion Group: D-01: Understanding the Role of Structural Racism and Discrimination in Sleep Disparities
Room W206
3:15-5:15pm ET

Elizabeth Klerman, PhD, MD

Symposia: S-02: Introduction – The Mind After Midnight: Nocturnal Wakefulness, Behavioral Dysregulation, and Psychopathology
Room W207
3:15-5:15pm ET

Monday, June 6

Susan Redline, MD, MPH

Invited Lecturer: I-01: Retiring Our Procrustean Bed: Recognizing the Myriad Pathways that Sleep Apnea Increases Cardiovascular Risk
Crown Ballroom
9-10am ET

Sanjay Patel, MD

Invited Lecturer: I-02: Re-Imagining the Diagnosis of Obstructive Sleep Apnea
Richardson Ballroom CD
10:30-11:30am ET

Christopher Depner, PhD and Rebecca Robbins, PhD

Discussion Group: D-03: Sleep, the Internet, and Social Media
Room W208
10:30am-12:30pm ET

Martica Hall, PhD

Meet the Professor: M-02: Sleep in Women: Recent Advances and Future Directions
Room E217
12:45-1:45pm ET

Ronald Charvin, MD

Invited Lecturer: I-04: Childhood OSA: Challenges and Opportunities
Room E219
1:45-2:45pm ET

Thomas Scammell, MD

Invited Lecturer: I-05: The Neurobiology of Narcolepsy: What Sleepy Mice Can Teach Us About Sleepy People
Richardson Ballroom CD
1:45-2:45pm ET

Reena Mehra, MD, Robert Owens, MD, and Susan Redline, MD, MPH

Discussion Group: D-04: Collaborating Across Communities to Achieve Better Sleep Health Care: A Call to Action
Richardson Ballroom B
3:15-5:15pm ET

Gabriel Haddad, MD, Judette Louis, MD, MPH, Thomas Scammell, MD, Wendy Troxel, PhD, Kenneth Wright, PhD, and NHLBI's Marishka Brown, PhD

Discussion Group: D-06: The NIH Sleep Research Plan: Advancing the Science of Sleep and Circadian Research
Room W207
3:15-5:15pm ET

Julio Fernandez-Mendoza, PhD

Symposia: S-06: Utility and Limitations of Subjective and Objective Measures in the Evaluation of Insomnia
Richardson Ballroom CD
3:30-3:50pm ET

Tuesday, June 7

Azizi Seixas, PhD

Discussion Group: D-07: Smart Sleep: A Guide to Choosing Artificial Intelligence (AI) Solutions for Clinical Practice
Richardson Ballroom B
8-10am ET

Jack Edinger, PhD

Symposia: S-08: Stepped Care Management of Insomnia Co-Occurring with Sleep Apnea
Richardson Ballroom CD

8-8:30am ET

Clifford Saper, MD, PhD

Symposia: S-09: Introduction – The Preoptic Area in Sleep and Arousal

Room W207

8-8:05am ET

Rachel Manber, PhD

Symposia: S-08: Triaged Stepped Care: Testing the RESTING Study Triage Checklist

Richardson Ballroom CD

9-9:30am ET

Charles Czeisler, MD, PhD

Invited Lecturer: I-07: Enhancing Sleep Literacy Among College Students Through A General Education Course

Richardson Ballroom CD

1:45-2:45pm ET

Kelly Baron, PhD

Clinical Workshop: W-05: Development of a Novel Couples-Based Sleep Health Intervention for Patients with OSA and Their Partners

Room W209ABC

3:15-5:15pm ET

Wednesday, June 8

Susan Redline, MD, MPH

Discussion Group: D-10: Clinical Trials of OSA Treatment in Cardiovascular Disease – What Does the Future Hold?

Room W209ABC

8-10am ET

Massimiliano de Zambotti, PhD

Discussion Group: D-11: Moving Past Validation: Best Practices for Rapid but Rigorous Evaluation of Technology to Assess Sleep and Circadian Health

Room W206

10:30am-12:30pm ET

Ariel Williamson, PhD

Symposia: S-16: Adapting Evidence-Based Early Childhood Insomnia Treatment with Downstream Implementation and Health Equity in Mind

Room E219

10:35-11am ET

Carmela Alcantara, PhD

Symposia: S-16: Using Cultural Adaptation Models and Social Determinants of Health

Frameworks to Adapt Digital Cognitive Behavioral Therapy for Insomnia for Spanish Speaking Latinx Adults in Primary Care

Room E219

11-11:25am ET

Rebecca Spencer, PhD

Meet the Professor: M-15: Understanding Sleep and Cognition in Development

Room E217

12:45-1:45pm ET

Mariana Figueiro, PhD and Andrew Wellman, MD, PhD

Discussion Group: D-12: How New and Emerging Technologies Will Shape the Future of Sleep and Circadian Medicine

Richardson Ballroom B

3:15-5:15pm ET