National Heart, Lung, and Blood Institute

American Heart Association.

Promoting Cardiovascular Health of Youth in the Juvenile Justice System and Their Transitions Outside of the System

FEBRUARY 22-23, 2022 • VIRTUAL WORKSHOP

PROGRAM BOOK

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AGENDA

National Heart, Lung, and Blood Institute (NHLBI) and American Heart Association (AHA) Workshop

Promoting Cardiovascular Health of Youth in the Juvenile Justice System and Their Transitions Outside of the System

February 22-23, 2022

Workshop Objectives:

1) Evaluate the current state of knowledge of the epidemiology of obesity and obesogenic behaviors (e.g., nutrition, physical activity/sedentary behavior) in youth who are in the juvenile justice system (JJS).

2) Discuss the influence of structural racism and health inequity and other factors related health of youth in the JJS.

3) Understand the policies and programs among various types of JJS facilities across geographic regions of the country (state-wide, rural, urban, etc.).

4) Identify research gaps and opportunities for promoting cardiovascular health of youth in JJS and their transitions outside of the system.

DAY 1 MORNING SESSION

10:00 AM	Welcome	David Goff, MD, PhD Director, Division of Cardiovascular Sciences National Heart, Lung, and Blood Institute National Institutes of Health
10:10 AM	Opening Remarks	Paul Reed, MD Rear Admiral, U.S. Public Health Service Deputy Assistant Secretary for Health, Director Office of Disease Prevention and Health Promotion U.S. Department of Health and Human Services

Background on Juvenile Justice Systems including Health and Nutrition

10:15 AM	Session Chair:	Professor Kristin Henning, J.D. Blume Professor of Law and Director of the Juvenile Justice Clinic and Initiative at Georgetown Law **Presentation:** *Race, Trauma, and Adolescent Well-being: An Overview of the Juvenile Legal System*

11:00 AM	Speakers:	James Demry Community Health Specialist, Multnomah County REACH Elle Neal, BA Multnomah County REACH Program's Health Educator Mikayla Hill, MS, BS Multnomah County REACH Program's Nutrition Health Promotion Specialist **Presentation:** *Improving Nutrition: A partnership with REACH and Donald E. Long*
11:40 AM		**Panel Discussions, Q & A** Panelists: James Demry, Elle Neal, Mikayla Hill Moderator: Kristin Henning
12:15 PM		**LUNCH BREAK**

DAY 1 AFTERNOON SESSION

Policy and Food Guidelines in the Juvenile Justice System

1:00 PM	Speaker:	Leslie Soble, MA Senior Program Associate; Impact Justice **Presentation:** *Eating While Incarcerated: The Experience of Food in the Juvenile Justice System*
1:30 PM	Speaker:	Nessia Berner Wong, MPH Senior Policy Analyst; ChangeLab Solutions **Presentation:** *Leveraging Juvenile Justice Food Environments to Advance Health Equity*
2:00 PM		**BREAK**
2:15 PM	Session Chair:	Jessi Silverman, MSPH, RD Senior Policy Associate, Center for Science in the Public Interest **Presentation:** *Strategies to Improve the Food Environment in Juvenile Justice Facilities: Synthesizing Diverse Stakeholder Perspectives*
2:45 PM	Speaker:	*Pending*

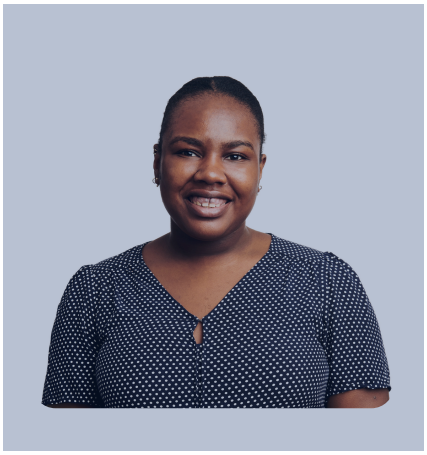
3:15 PM		**Panel Discussion, Q & A** Panelists: Leslie Soble, Nessia Berner Wong Moderator: Jessi Silverman
4:15 PM		**DAY 1 WRAP UP** Funke Ajenikoko, MPH Senior Policy Analyst, American Heart Association

DAY 2 MORNING SESSION

Structural or Systems-based Research Around Implementation of Nutrition Guidelines

10:00 AM	Speaker:	Janet M. de Jesus, MS, RD Nutrition Advisor, Division of Prevention Science Office of Disease Prevention and Health Promotion HHS, Office of the Assistant Secretary for Health **Presentation:** *Dietary Guidelines for Americans: Providing Youth a Healthy Start*
10:30 AM	Speaker:	Jeffrey Butts, PhD Director, Research and Evaluation Center, John Jay College of Criminal Justice, City University of New York **Presentation:** *Inherently Unhealthy: The Limits of Justice Intervention for Youth Development and Community Wellbeing*
11:00 AM		**BREAK**
11:15 AM	Speaker:	Kristen Giombi, PhD Research Economist; RTI International **Presentation:** *The Food Environment in Juvenile Justice Residential Facilities in North Carolina: A Case Study*
11:45 AM		**Panel Discussion, Q & A, Research Gaps and Opportunities** Panelists: Janet de Jesus, Jeffrey Butts, Kristen Giombi
12:15 PM		**Next Steps and Closing Remarks** Erin Iturriaga, DNP, MSN, RN

ABOUT OUR SPEAKERS

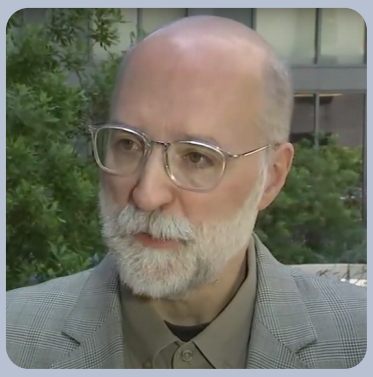


Funke Ajenikoko, MPH

Senior Policy Analyst,
American Heart Association

Funke Ajenikoko is a Senior Policy Analyst at the American Heart Association. As a senior policy analyst, Funke manages the obesity, nutrition, and air quality portfolios for the Policy Research team. Prior to joining the American Heart Association, Funke worked at Resolve to Save Lives, an initiative of Vital Strategies, as a Program Officer for Nutrition and Surveillance. Her work at Resolve largely focused on implementing sodium reduction policies and interventions at the country and global level as well as working on the global advocacy portfolio. Some of her previous work experiences included time working for the Women, Infant, and Children (WIC) program in Dallas county as a Nutritionist and acting as the Project Coordinator for a weight management study ran out of the Manhattan Veteran Affairs hospital.

Funke was born and raised in Texas where she received a BS in Dietetics from the University of Texas at Austin. She also received an MPH in Public Health Nutrition from New York University's College of Global Public Health.



Jeffrey Butts, PhD

Director, Research and Evaluation Center
John Jay College of Criminal Justice, City University of New York

Jeffrey A. Butts is Research Professor and Director of the Research and Evaluation Center at John Jay College of Criminal Justice, City University of New York (CUNY). Previously, he was a research fellow with Chapin Hall at the University of Chicago, director of the Program on Youth Justice at the Urban Institute in Washington, DC, and senior research associate at the National Center for Juvenile Justice. He graduated from the University of Oregon and earned the Ph.D. from the University of Michigan.

Janet M. de Jesus, MS, RD

Nutrition Advisor, Division of Prevention Science
Office of Disease Prevention and Health Promotion
HHS, Office of the Assistant Secretary for Health

Ms. de Jesus is a Nutrition Advisor in the HHS Office of Disease Prevention and Health Promotion. She is the HHS lead of the Dietary Guidelines for Americans, 2020-2025 and participates in other crosscutting nutrition activities across the federal government.

Previously, she was a Public Health Advisor at the National Heart, Lung, and Blood Institute for 18 years. At NHLBI, she supported the development of clinical practice guidelines for the prevention and treatment of cardiovascular risk factors in adults and pediatrics. She participated in the development of community programs to improve heart health in high-risk communities and nutrition education materials for cardiovascular health. Her community development portfolio includes materials for health care providers; consumer materials such as cookbooks; and community health worker curriculum for multicultural communities. She completed her Master's in nutrition at Florida State University in Tallahassee.

ABOUT OUR SPEAKERS

James Demry

Community Health Specialist
Multnomah County-REACH

James works for Multnomah county Health Department in the Promotion and Prevention division as a Community Health Specialist, he is determined to work with REACH's partners to improve our overall health and wellness as a community. His work includes coordinating the ACHIEVE Coalition meetings and working closely with the REACH program's community partners on current projects, Prescribe-A-Bike, Diabetes Prevention program, Healthy Heat Ambassador, and CSA in collaboration with Play, Grow Learn. Through this work, he learned that education, providing resources and other support are essential to the improvement of individuals and the general community. During his leisure time, James enjoys reading, playing basketball and weight lifting as personal hobbies. Also, as a family-oriented man, he finds much pleasure in spending as much time with his four children as possible.

Kristen Giombi, PhD

Research Economist
RTI International

Kristen Giombi is a Research Economist at RTI International with a PhD in Economics. She has experience in qualitative and quantitative data collection and analysis with a focus on social safety net program and policy evaluation. Her work includes directing research examining the influence of school nutrition programs on the weight of low-income children, evaluating Oregon's Farm-to-School legislation, and investigating the potential impacts of the Military Hunger Prevention Act on Supplemental Nutrition Assistance Program (SNAP) eligibility for active-duty military families. She examined barriers and facilitators to Child and Adult Care Food Program sites implementing the DC Healthy Tots Act and has done work for the National Commission on Hunger related to the Women, Infants, and Children Program (WIC) and SNAP. Related to juvenile justice, she has directed research evaluating the food environment in North Carolina's juvenile justice system as well as evaluated the Alliance for a Healthier Generation's Healthy Juvenile Justice Initiative. She served as a member of an expert workgroup that examined strategies to optimize food and nutrition in correctional facilities.

David Goff Jr., MD, PhD, FACP, FAHA

Director, Division of Cardiovascular Sciences
National Heart, Lung, and Blood Institute, National Institutes of Health

Dr. Goff, Jr., is the Director, Division of Cardiovascular Sciences, National Heart, Lung, and Blood Institute, National Institutes of Health. In this role, he leads a diverse team of scientists and administrators committed to turning discovery into cardiovascular health. Prior to joining the NHLBI, he served as Dean and Professor of Epidemiology in the Colorado School of Public Health and as Chair of the Department of Epidemiology and Prevention at the Wake Forest School of Medicine. He received an MD from the University of North Carolina and a PhD in epidemiology from the University of Texas-Houston School of Public Health. He trained in internal medicine at Baylor College of Medicine in Houston. He is an elected member of the American Epidemiological Society, and a Fellow of the American College of Physicians and the American Heart Association. He has published over 300 manuscripts, book chapters, and other scientific reports. The major focus of his research has been on developing, testing, and implementing better strategies for promoting cardiovascular health and preventing CVD.

ABOUT OUR SPEAKERS

Kristin Henning, JD

The Blume Professor of Law; Director of the Juvenile Justice Clinic and Initiative
Georgetown Law

Professor Henning is a nationally recognized advocate, author, trainer, and consultant on the intersection of race, adolescence, and policing. She is the Blume Professor of Law and Director of the Juvenile Justice Clinic and Initiative at Georgetown Law and was previously the Lead Attorney of the Juvenile Unit at the Public Defender Service for the District of Columbia, where she has been representing children accused of crime for more than twenty-five years. Henning is the co-founder of a number of initiatives to combat racial injustice in the juvenile legal system, including the Ambassadors for Racial Justice program and a Racial Justice Toolkit for youth defenders. She is also the recipient of many awards, including the 2021 Leadership Prize from the Juvenile Law Center. Henning has written numerous law review articles and other publications advocating for reform in the juvenile legal system. Her book, The Rage of Innocence: How America Criminalizes Black Youth, was just released on September 2021.

Mikayla Hill, MS, BS

Nutrition Health Promotion Specialist
Racial and Ethnic Approaches to Community Health (REACH) Program, Multnomah County

Mikayla Hill (She/Her) is the Nutrition Health Promotion Specialist for Multnomah County's REACH program. Her work at REACH includes healthy nutrition standards, breastfeeding education, physical activity education & healthy living for juvenile youth. She earned her Master's in Holistic Nutrition from the National University of Natural Medicine with intent to help educate all with a holistic approach to healthy lifestyle choices. During her graduate program Mikayla interned for Human Solutions Oregon, where she assisted in providing culturally appropriate USDA Food Bank boxes, mobile farmer's market, food contracts and outreaches to community properties and shelters. She organized nutrition & health education courses as well as kitchen menu planning. She is a health educator for the FAME (Food As Medicine Everyday) Institute program where she teaches a cooking workshop highlighting anti-inflammatory, whole and low processed foods. She is a certified personal trainer and wants to improve the overall health and wellness of the community.

Erin Iturriaga, DNP, MSN, RN

Program Officer, Clinical Trials Specialist, Division of Cardiovascular Sciences
National Heart, Lung, and Blood Institute, National Institutes of Health

Dr. Iturriaga brings a nursing science and clinical trials expertise to the Division of Cardiovascular Sciences at the NHLBI. In her roles as a program officer and clinical trials specialist, she oversees a diverse portfolio of grants from basic science to transformative technology. She also oversees large clinical trials within her branch and led several initiatives that helped transform the use of technology to prevent, monitor or treat heart, lung, and blood diseases. She currently co leads the Clinical Studies Core for the Rapid Acceleration of Diagnostics (RADx) using Technology. She has worked on common date elements and data standards since her time working at the National Cancer Institute on the Cancer Bioinformatic Grid (caBIG) project and received a group award for originating SCORE, developing early phase clinical trial infrastructure and disseminating bioinformatics applications supporting the DCP Phase I/II Cancer Prevention Consortia. Dr. Iturriaga currently serves on the NHLBI Data Science Workgroup and the NHLBI/Division of Cardiovascular Sciences Workgroup on social determinants of heath and health disparities. Previously, she served on the Tech4Aging White House Task Force, Office of Science and Technology, President Council of Advisors on Science and Technology (PCAST). She received her doctorate degree from Yale University, Yale School of Nursing.

ABOUT OUR SPEAKERS

Elle Neal, BA

Health Educator
Racial and Ethnic Approaches to Community Health (REACH) Program, Multnomah County

Raised in a multiracial and multicultural home in Northeast Portland, Elle has dedicated her professional life to working at the intersections of education, public health, and community outreach. As the Multnomah County REACH Program's Health Educator, she strives to mitigate chronic disease disparities among Black and African immigrant and refugee communities through culturally responsive health and nutrition education. She also leads policy efforts to advance healthy nutrition standards and food systems change within the Portland Metro Area. Elle received her Bachelor's of Arts in Human Biology and Spanish from Pitzer College in 2018. In her free time, she enjoys running, spending time outdoors, and cooking for her friends and loved ones.

Paul Reed, MD

Rear Admiral, U.S. Public Health Service
Deputy Assistant Secretary for Health, Director
Office of Disease Prevention and Health Promotion
U.S. Department of Health and Human Services

Rear Admiral Paul Reed is the Deputy Assistant Secretary for Health, the Director of ODPHP, a pediatrician, and a senior U.S. Public Health Service officer. His primary responsibility is to advise the Assistant Secretary for Health on disease prevention and health promotion programs and policies. Additionally, Rear Admiral Reed provides direction and oversight for national health initiatives such as Healthy People 2030, the Physical Activity Guidelines for Americans, the President's Council on Sports, Fitness & Nutrition, and the Dietary Guidelines for Americans.

Jessi Silverman, MSPH, RD

Senior Policy Associate
Center for Science in the Public Interest

Jessi Silverman is a Senior Policy Associate at the Center for Science in the Public Interest. She leads advocacy efforts to strengthen the Dietary Guidelines for Americans and create healthier food environments in public places and anchor institutions, including adult and youth correctional facilities. In 2020, she led an expert working group to develop recommendations for improving food and nutrition in correctional facilities. In 2021 she created and now continues to facilitate the Food/Nutrition in Corrections Affinity Group, an information-sharing network of over 80 advocates, public officials, researchers, and other stakeholders that meets quarterly. She is a registered dietitian, earned her MSPH in Human Nutrition from Johns Hopkins University, and holds a BS in Nutritional Sciences from Cornell University.

ABOUT OUR SPEAKERS

Leslie Soble, MA

Senior Program Associate
Impact Justice

Leslie Soble manages the Food in Prison Project and is the lead author of Impact Justice's national report, Eating Behind Bars: Ending the Hidden Punishment of Food in Prison. She has spent over three years immersed in research on the carceral eating experience and its impacts on individuals and communities. An ethnographer and folklorist, Leslie holds an MA in cultural sustainability from Goucher College, with a focus on the intersection of foodways, narrative theory, and social practice art. She received her BA in gender studies from Brown University, where her course of study focused on grassroots movements for social change.

Nessia Berner Wong, MPH

Senior Policy Analyst
ChangeLab Solutions

Nessia is a senior policy analyst at ChangeLab Solutions, focusing on the connections between the structural drivers of health inequities and food systems, equitable procurement and institutional purchasing, and federal food policy.

Prior to joining ChangeLab, she spent 5 years at the US Department of Agriculture's (USDA) Food and Nutrition Service, working with school nutrition programs throughout the western United States. At the USDA, Nessia provided technical assistance to state and territorial agencies on federal policies governing program eligibility, procurement, program management, and budgeting. She also served as an agriculture and food security volunteer for Peace Corps Nicaragua and managed the Grand Lake Farmers Market in Oakland, CA.

Nessia received her BA in international relations from the University of Southern California and her MPH in community health education from San Francisco State University.

ROSTER: STEERING COMMITTEE

- Erin Iturriaga, DNP, MSN, RN (NHLBI/DCVS)
- Charlotte Pratt, PhD (NHLBI/DCVS)
- Funke Ajenikojo, MPH (AHA)
- Alison Brown, PhD, MS, RDN (NHLBI/DCVS)
- Nicole Redmond, MD, PhD, MPH (NHLBI/DCVS)
- Andrew Bremer, MD, PhD, MAS (NICHD Branch Chief)
- Tanya Agurs-Collins, PhD, RD (NCI)
- Sung Sug (Sarah) Yoon, RN, PhD (NINR)