

**U.S. Department of Health and Human Services
National Institutes of Health
National Heart, Lung, and Blood Institute**

**National Asthma Education and Prevention Program
Coordinating Committee
Meeting Summary
September 28, 2022**

The fifth meeting of the National Asthma Education and Prevention Program Coordinating Committee (NAEPPCC) took place on Wednesday, September 28, 2022, from 12:00 to 2:30 p.m. ET. The meeting was open to the public.

NAEPPCC Co-chairs

James P. Kiley, Ph.D.
George A. Mensah, M.D.

NAEPPCC Executive Secretary

Susan T. Shero, R.N., M.S.

NAEPPCC Members Present

Joseph Kofi Berko Jr., Ph.D.
Tyra Bryant-Stephens, M.D.
Emily DiMango, M.D.
Christy Haas-Howard, M.P.H., R.N.
Osatohamwen Idubor, M.D., M.P.H.
Sumita Bhattacharya Khatri, M.D., M.S.
Robert F. Lemanske Jr., M.D.
Tracey Mitchell, RRT, RPFT
Gary S. Rachelefsky, M.D.
Neeta Thakur, M.D., M.P.H.
Darryl C. Zeldin, M.D.

NAEPPCC Members Absent

Michelle M. Cloutier, M.D.

**National Heart, Lung, and Blood Institute
(NHLBI) Staff Members Present**

De'Andria Ackerman
Amir Ahmadi
Neyal Ammary-Risch, M.P.H.
Michelle Bolek, M.P.H.
Cindy Caughman, M.P.H.
Michelle Freemer, M.D., M.P.H.
Kimberly Hetkowski
Lenora Johnson, Dr P.H., M.P.H.
Wendy Massias-Burnett
Anne Mayfield

Others in Attendance

Patrice Becker, M.D., National Institute of
Allergy and Infectious Diseases
Greta Gorman, Westat
Kenneth Mendez, M.B.A., Asthma and Allergy
Foundation of America
Terry Savage, M.A., Westat

Welcome and Introduction of New Members and Representatives

NAEPPCC executive secretary and co-chairs welcomed committee members and other participants to NAEPPCC's fifth meeting. Notice of the meeting was published in the *Federal Register*.

After review of the meeting agenda and member introductions, the co-chairs affirmed that NHLBI wants to ensure that the voices of the communities impacted by asthma represented by NAEPPCC members and participants are heard. It is important to continue to disseminate information that has been collected through research efforts so that practitioners are up to date on the best practices in

managing asthma and so that patients, family members, and the community can understand the disease.

Updates From Organizations and Discussion About Implementation of the 2020 Focused Updates

NAEPPCC members discussed experiences around using and implementing the 2020 Focused Updates. Members noted that although providers have a lot of enthusiasm for single maintenance and reliever therapy (SMART), implementing it has been challenging because it is not a U.S. Food and Drug Administration (FDA)-approved treatment, and Medicare does not cover it. The lack of FDA approval is an equity issue because families with more resources can access the medications related to the updated guidelines.

The committee discussed areas of patient education needs such as use of two inhalers or changing inhalers, and specific considerations for inhaler use at schools. Materials related to the guidelines such as fact sheets and summaries are helpful to patients in terms of education.

Committee members noted that fractional exhaled nitric oxide testing and bronchial thermoplasty are not widely available in practices and hospitals and recommendations may not be viable options for patients.

NHLBI emphasized the importance of implementation of the guidelines to impact people living with asthma. For anyone interested in research to understand or promote the adoption of the guidelines, the Center for Translation Research and Implementation Science at NHLBI can provide information about options within NHLBI.

Review of the NAEPPCC Charter

NHLBI highlighted the goals of NAEPPCC as codified in its charter. NAEPPCC facilitates the efficient, effective exchange of information on asthma activities within the community. The committee coordinates federal programs, bringing together stakeholders. It ensures that information is communicated in such a way that it can be used by bringing in special experts and federal partners to establish a dialogue. Effective communication of information will involve updating NHLBI's health education materials and determining which new materials are needed. NAEPPCC's input is also needed to ensure that NHLBI, voluntary health organizations, and professional associations are communicating information consistently and are promoting the same messages.

Status of Asthma Guidelines Updates/New Guidelines

NHLBI reviewed its role in the guideline development process in the past and moving forward. As part of the NIH, the NHLBI remains committed to its mission to support research, including research to improve the uptake and adoption of guidelines by relevant stakeholders. For asthma, as well as other heart, lung, blood, and sleep diseases and disorders, NHLBI will consider supporting

systematic evidence reviews or contributing to future guideline efforts lead by other organizations upon request.

Overview of Asthma Component of NHLBI’s Learn More Breathe Better Program

The Office of Science Policy, Engagement, Education, and Communications presented an overview of the asthma component of NHLBI’s [Learn More Breathe Better \(LMBB\) Program](#), whose goal is to translate lung health research into public and professional education programs. An overview of NHLBI’s existing asthma educational materials was presented, and the Committee discussed the role of nonprofit organizations in developing and disseminating asthma education materials.

Future Committee Activities

NHLBI requested input from the committee members on how best to work together and what activities should be prioritized to meet the mission of the committee’s charter.

Open Session – Comments/Questions From Attendees

There were no additional questions or comments from the committee members or other participants.

Closing Remarks

The co-chairs encouraged bidirectional outreach from committee members with ideas and directions that NHLBI should be considering, including agenda items for the next committee meeting.

The co-chairs adjourned the meeting at 2:32 p.m.

Certification

I hereby certify that the foregoing minutes are accurate and complete.

Susan T. Shero, R.N., M.S.
NAEPPCC Executive Secretary

James P. Kiley, Ph.D.
NAEPPCC Co-chair

George A. Mensah, M.D.
NAEPPCC Co-chair

**National Asthma Education and Prevention Program
Coordinating Committee Roster**

NAEPPCC Co-chairs

James P. Kiley, Ph.D.
George A. Mensah, M.D.

NAEPPCC Executive Secretary

Susan T. Shero, R.N., M.S.

NAEPPCC Members

Joseph Kofi Berko Jr., Ph.D.
Senior Environmental Scientist
Office of Lead Hazard Control and
Healthy Homes
U.S. Department of Housing and Urban
Development
Washington, DC 20140

Tyra Bryant-Stephens, M.D.
Medical Director
Community Asthma Prevention Program
Children's Hospital of Philadelphia
Philadelphia, PA 19104

Michelle M. Cloutier, M.D.
Professor Emerita of Pediatrics and
Medicine
School of Medicine
University of Connecticut Health Center
Hartford, CT 06030

Emily DiMango, M.D.
Professor of Medicine
Department of Medicine
Columbia University Medical Center
New York, NY 10032

Christy Haas-Howard, M.P.H., R.N.
Asthma Program Coordinator
Nursing and Student Health Services
Denver Public Schools
Colorado Department of Education
Denver, CO 80203

Osatohamwen Idubor, M.D., M.P.H.
Medical Epidemiologist
Epidemiology Team
National Center for Environmental Health
Centers for Disease Control and Prevention
Atlanta, GA 30333

Sumita Bhattacharya Khatri, M.D., M.S.
Co-director
Lerner Research Institute
Cleveland Clinic
Cleveland, OH 44195

Robert F. Lemanske Jr., M.D.
Professor of Medicine and Pediatrics
Department of Pediatrics
Division of Allergy, Immunology and
Rheumatology
University of Wisconsin School of Medicine
and Public Health
Madison, WI 53792

Tracey Mitchell, RRT RPFT
Environmental Protection Specialist
Indoor Environments Division
Office of Radiation and Indoor Air
U.S. Environmental Protection Agency
Washington, DC 20004

Gary S. Rachelefsky, M.D.
Representative
American Academy of Allergy, Asthma, &
Immunology
American Academy of Pediatrics
Itasca, IL 60143

Neeta Thakur, M.D., M.P.H.
Associate Professor
School of Medicine
University of California, San Francisco
San Francisco, CA 94143

Darryl C. Zeldin, M.D.
Scientific Director
Division of Intramural Research
National Institute of Environmental Health
Sciences
National Institutes of Health
Research Triangle Park, NC 27709