U.S. Department of Health and Human Services National Institutes of Health National Heart, Lung, and Blood Institute

National Asthma Education and Prevention Program Coordinating Committee Meeting Summary May 13, 2020

The third meeting of the National Asthma Education and Prevention Program Coordinating Committee (NAEPPCC) took place on Wednesday, May 13, 2020, from 12 p.m. to 2 p.m. ET. The meeting was open to the public.

NAEPPCC Co-Chairs

James P. Kiley, Ph.D. George A. Mensah, M.D.

NAEPPCC Executive Secretary

Susan Shero, R.N., M.S.

NAEPPCC Members Present

Joseph Kofi Berko, Jr., Ph.D. Sheila Brown

Anne Mentro Fitzpatrick, Ph.D., R.N.

Fernando Holguin, M.D., M.P.H.

Joy Hsu, M.D.

Elliot Israel, M.D.

Robert F. Lemanske, Jr., M.D.

Kenneth Mendez, M.B.A.

Giselle Sarah Mosnaim, M.D.

Gary S. Rachelefsky, M.D.

Lisa M. Wheatley, M.D., M.P.H.

Juan P. Wisnivesky, M.D., Dr.P.H.

Darryl C. Zeldin, M.D.

NAEPPCC Members Absent

Kurtis S. Elward, M.D. Lynn B. Gerald, Ph.D.

National Heart, Lung, and Blood Institute (NHLBI) Staff Members Present

Neyal Ammary-Risch, M.P.H. Cheryl Ann Boyce, Ph.D. Jasmin Bustillo, M.S. Sonya Freeman Michelle Freemer, M.D., M.P.H. Lenora Johnson, Dr.P.H. Terry LaMotte Lucinda Miner, Ph.D.

Mark Parker

Others in Attendance

Todd Abbott, Boehringer Ingelheim

Dionne Adair

Akinlolu Adefarati

Alan Baptist, M.D., M.P.H., University of

Michigan

Matteson Beckis

Brittany Benourida

Kathryn Blake, Pharm.D., Nemours

Children's Health System

Maribeth Bogush, Ph.D., MedBio

Consulting

Tom Boulanger, R.Ph.

Jim Boushie, M.B.A., Boehringer Ingelheim

Edward Brooks, M.D., University of Texas

Health Science Center at San Antonio

Melanie Buzzelli, M.P.H., American Lung

Association

Erik Cipriano, Boehringer Ingelheim

Michelle Cloutier, M.D., Connecticut

Children's Medical Center

Anne Dixon, M.A., University of Vermont

Alisha Etheredge, M.S., M.P.H., Centers for

Disease Control and Prevention

Hannah Green, M.P.H., American Lung

Association

Karla Grossman, University of Michigan Susan Hassell, M.P.H., M.S., Westat Eric Juhl, J.D., Jeffrey J. Kimbell & Associates Karen Kaplan, Westat Patricia Enright Kaplan, Westat Samir Khoury, M.D., Boehringer Ingelheim Jerry Krishnan, M.D., Ph.D., University of Illinois Hospital and Health Sciences System Lynn Lotenberg, Elucidate Change LLC Russ Mardon, Ph.D., Westat Wilson Pace, M.D., University of Colorado Lisa Pucci, M.B.A., Boehringer Ingelheim
Sheri Rogers, M.S., M.A., Boehringer
Ingelheim
Stephen Teach, M.D., M.P.H., George
Washington University
Craig Umscheid, M.D., University of
Chicago
Tisa Vorce, Michigan Department of Health
& Human Services
Emma Will
Nicole Wojcik, Boehringer Ingelheim

Welcome

NAEPPCC executive secretary Ms. Susan Shero and NAEPPCC co-chairs Drs. James P. Kiley and George A. Mensah welcomed members to the NAEPPCC's third meeting.

Ms. Shero reviewed the meeting agenda and summarized the timeline for the 2020 asthma guidelines update. The draft document was released for public comment in December 2019, and the NAEPPCC would discuss and consider approving the document during this meeting. If the committee approves the report, the document will undergo clearance by the National Institutes of Health (NIH) and Department of Health and Human Services (HHS). National Heart, Lung, and Blood Institute (NHLBI) leaders hope to publish the final document by the end of 2020.

Overview of Public Comments

Dr. Michelle Cloutier, who chairs the NAEPPCC Expert Panel Working Group that is updating the 2007 asthma guidelines, explained that public comments on the draft report were accepted between December 2, 2019, and January 17, 2020. The Expert Panel received more than 500 comments from a broad array of stakeholders on a variety of topic areas. In February 2020, the Expert Panel met in person to consider comments that needed additional discussion. The panel then voted formally on all changes to recommendations, and at least 90 percent of panel members approved of every revised recommendation.

Dr. Cloutier then summarized the public comments received on each topic and on some general themes as well as the disposition of each comment (see meeting slides). In many cases, the Expert Panel revised sections of the report in response to comments. However, some comments were out of scope for the update and did not result in any revisions.

Discussion

Dr. Cloutier thanked the members of the Expert Panel for their hard work preparing the guidelines update. Several NAEPPCC members, including both co-chairs, praised Dr. Cloutier and the Expert Panel for their excellent work.

In response to NAEPPCC questions, Ms. Shero confirmed that a graphics specialist will enhance the figures in the report to make them more user friendly. In addition, Dr. Cloutier confirmed that the report does address the black-box warning for Singular in the step diagrams and that the Expert Panel listed research gaps in the report, including the need for recommendations on the use of long-acting muscarinic antagonists in children aged 6 to 11 years. However, whether this guidelines document will be updated to address remaining research gaps will be a decision for the NHLBI. An NAEPPCC member suggestion was to publish the clinician's summary in the report's Appendix A as a separate document for clinicians who might not read the entire report.

A motion carried unanimously for the NAEPPCC to accept the report. Dr. Kiley explained that the NHLBI will move the report through the clearance process as expeditiously as possible. He asked federal committee members to shepherd the report through their department's clearance process.

NHLBI Communications Strategy

Dr. Lenora Johnson, Director of the NHLBI Office of Science Policy, Engagement, Education, and Communications, described the strategic communications plan to build public awareness of the guidelines update. The approach will have four phases:

<u>Phase 1 (spring 2020)</u>: Strategic communications and outreach planning and coordination to develop a comprehensive communications plan, identify appropriate spokespersons, and work with the *Journal of Allergy and Clinical Immunology (JACI)*, which will publish the guidelines update, to develop coordinated report release plans

<u>Phase 2 (summer 2020 to spring 2022)</u>: Develop supportive materials, such as fact sheets, a standalone version of the step tables, and a quick-reference guide for clinicians

<u>Phase 3 (fall 2020 to winter 2021)</u>: Announce release and build awareness of update report through, for example, a media advisory, telebriefings, a digital toolkit, and social media posts

<u>Phase 4 (2021 to 2022)</u>: Ensure implementation and adoption of the guidelines for health professionals through development of content and continuing education programs, tutorials, and materials to distribute at medical meetings

The timeline is based on the assumption that the federal clearance process will proceed as expected. However, this is not a normal time because of the COVID-19 outbreak, and delays are possible. Another assumption is that NAEPPCC members and other stakeholders will support the release and implementation of the updated guidelines in ways that are appropriate for their constituents' needs.

Discussion

The NAEPPCC encouraged the NHLBI to ensure that the report reaches primary care providers, and not merely specialists, quickly by publishing the update report in a primary care journal. Dr.

Johnson explained that several approaches will be used to ensure that primary care providers have opportunities to read the report. For example, the NHLBI website will have a link to the report once it is published, and the *JACI* article will be open access. In addition, Dr. Johnson and her team will prepare several supportive materials designed for primary care providers, including at-a-glance materials and step charts.

When asked what NAEPPCC members should tell their organizations about the materials, beyond the report, that will be available, Dr. Johnson explained that the NHLBI cannot develop other products until the report is cleared and its content is finalized. She suggested that NAEPPCC members tell their organizations to stay tuned and that other materials to support the release will be available. As soon as the materials are available, organizations will be told what the materials are and invited to help distribute them.

Ms. Shero asked NAEPPCC members not to share the draft report until it has undergone clearance.

In response to a suggestion for the formation of a committee to help develop the strategic communications materials, Dr. Johnson explained that no further engagement will be required because the materials will be based on the content of the report.

Dr. Johnson answered a question about materials for patients by explaining that NHLBI's Learn More Breathe Better program is considering tools and materials that might be useful for patients. Patient advocacy organizations and foundations, such as the Asthma and Allergy Foundation of America, that would like to disseminate the report to patients should coordinate their efforts with the Learn More Breathe Better program. Dr. Johnson encouraged all NAEPPCC members to join the Breathe Better Network, a partnership of the Learn More Breath Better program.

Dr. Mosnaim reported that the American Academy of Allergy, Asthma & Immunology is eager to work with the NHLBI and other professional societies to support the report's dissemination and implementation and to ensure that the information reaches patients. Dr. Johnson noted that all of the products and materials that the NHLBI will develop to support the dissemination and implementation of the guidelines will be publicly available, and organizations can use these materials in ways that are appropriate for their audiences.

In response to an NAEPPCC question about publishing the guidelines in additional journals, beyond *JACI*, such as those targeted to pulmonologists, Dr. Kiley explained that journals do not typically support joint or simultaneous publications. The NHLBI will determine whether it can provide editorials or other products that link to the *JACI* article. An NAEPPCC suggestion was for the committee to publish an editorial in the *American Journal of Respiratory and Critical Care Medicine*.

Dr. Mensah was pleased with the NAEPPCC suggestions, including to develop products for different audiences, including patients, to support dissemination and implementation. Once the document is published, he hoped that NAEPPCC members affiliated with patient advocacy organizations would produce one- or two-page summaries of key points from the report for these audiences. In addition, the NHLBI participates in NIH funding opportunity announcements, such

as <u>PAR-19-274</u> for dissemination and implementation research that support research on strategies for dissemination, adoption, and sustained adherence of clinical practice guidelines. Interested NAEPPCC members should contact Ms. Shero for more information on this research funding opportunity.

When asked about the impact of the COVID-19 pandemic on plans for the updated guidelines, Ms. Shero said that the outbreak could affect the timeline. Dr. Johnson explained that those responsible for clearing the report are otherwise engaged, so the clearance process might take longer than usual. In addition, plans to disseminate the report at professional meetings might need to be altered because these meeting schedules might be altered.

Closing Remarks

Dr. Kiley and Dr. Mensah thanked those who helped make the guidelines update possible, including the NHLBI and Westat staff. They also thanked the NAEPPCC members for their contributions.

The meeting was adjourned at 1:22 p.m.

Certification

I hereby certify that the foregoing minutes are accurate and complete.

Susan V. Shero	
Susan Shero, R.N., M.S.	
NAEPPCC Executive Secretary	
James P. Kiley, Ph.D. NAEPPCC Co-Chair	
NAEFFCC CO-Cliail	
George A. Mensah, M.D.	
NAEPPCC Co-Chair	

National Asthma Education and Prevention Program Coordinating Committee Roster

NAEPPCC Co-Chairs

James P. Kiley, Ph.D. George A. Mensah, M.D.

NAEPPCC Executive Secretary

Susan Shero, M.S.

NAEPPCC Members

Joseph Kofi Berko, Jr., Ph.D.
Senior Environmental Scientist
Office of Lead Hazard Control and Healthy
Homes
U.S. Department of Housing and Urban
Development
Washington, DC 20140

Sheila Brown
Program Analyst
Indoor Environments Division
Office of Radiation and Indoor Air
U.S. Environmental Protection Agency
Washington, DC 20460

Kurtis S. Elward, M.D. Clinical Professor of Family Medicine Virginia Commonwealth University American Academy of Family Physicians Leawood, KS 66211

Anne Mentro Fitzpatrick, Ph.D., R.N. Associate Professor of Pediatrics Division of Pulmonology, Allergy/ Immunology, Cystic Fibrosis, and Sleep Department of Pediatrics Emory University School of Medicine Atlanta, GA 30322 Lynn B. Gerald, Ph.D.
Canyon Ranch Endowed Chair
and Professor
Division of Health Promotion Sciences
Mel & Enid Zuckerman College of
Public Health
University of Arizona
Tucson, AZ 85724

Fernando Holguin, M.D., M.P.H. Professor of Medicine American Thoracic Society New York, NY 10004

Joy Hsu, M.D.
Medical Officer
Division of Environmental Hazards &
Health Effects
National Center for Environmental Health
Centers for Disease Control and Prevention
Chamblee, GA 30341

Elliot Israel, M.D.
Professor of Medicine
Pulmonary and Critical Care Medicine
Brigham and Women's Hospital
Harvard Medical School
Boston, MA 02115

Robert F. Lemanske, Jr., M.D.
Professor of Medicine and Pediatrics
Department of Pediatrics
Division of Allergy, Immunology,
and Rheumatology
University of Wisconsin School of Medicine
and Public Health
Madison, WI 53792

Kenneth Mendez, M.B.A. President and Chief Executive Officer Asthma and Allergy Foundation of America Landover, MD 20785 Giselle Sarah Mosnaim, M.D. Assistant Professor American Academy of Allergy, Asthma, & Immunology Milwaukee, WI 53202

Gary S. Rachelefsky, M.D. American Academy of Pediatrics Elk Grove Village, IL 60007

Lisa M. Wheatley, M.D., M.P.H.
Section Chief, Asthma and Airway
Biology Section
Division of Allergy, Immunology
& Transplantation
National Institutes of Health
Rockville, MD 20852

Juan P. Wisnivesky, M.D., Dr.P.H. Professor Department of Medicine Icahn School of Medicine at Mount Sinai New York, NY 10029

Darryl C. Zeldin, M.D.
Scientific Director
Division of Intramural Research
National Institute of Environmental
Health Sciences
National Institutes of Health
Research Triangle Park, NC 27709