

COPD NATIONAL ACTION PLAN



WHAT IS THE COPD NATIONAL ACTION PLAN?

Chronic Obstructive Pulmonary Disease (COPD) is a leading cause of death and disability in the U.S. The *COPD National Action Plan* provides a unified framework for reducing the burden of the disease. Its five goals address the entire spectrum of complex issues related to COPD.

Goal 1 calls for promoting more public awareness and understanding of COPD, especially among patients and their caregivers.

Goal 2 focuses on increasing the skills and education of health care providers so they will be better equipped to provide comprehensive care to people with COPD.

Goal 3 encourages increased data collection, analysis, and sharing to create a better understanding of disease patterns.

Goal 4 aims to increase and sustain COPD research to improve understanding of the disease and its diagnosis and treatment.

Goal 5 calls for federal and nonfederal partners to collaborate to meet the objectives of the Action Plan and translate its recommendations into research and public health care actions.

The *COPD National Action Plan* is a result of a months-long collaboration across the COPD community working together to provide patient-centered recommendations. It addresses the needs of patients and the greater public, health care delivery and practice guidelines, the optimization of research potential, and informing and advancing policy.

WHAT TO DO NEXT:

- Stay involved! Successful implementation of the *COPD National Action Plan* depends on the entire COPD community.
- The *COPD National Action Plan* provides a cohesive tool that stakeholders can use to drive change and support activities that help reduce the burden of the disease.
- Organizations are encouraged to implement and adapt the *COPD National Action Plan* elements most relevant and feasible for their capacity and area of specialty.

FAST FACTS



COPD is a leading cause of death in the U.S. and fourth leading cause of disability in the U.S.



16 million people have been diagnosed and millions more have it and don't know



56% of COPD cases are in women

To learn more, visit [COPD.nih.gov](https://www.copd.nih.gov)