pita pizzas

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1. Preheat oven or toaster oven to 450°F.
2. For each pizza, spread ¼ cup tomato sauce on a pita and top with ¼ cup chicken, ¼ cup broccoli, ½ tablespoon parmesan cheese, and ¼ tablespoon chopped basil.
3. Place pitas on a nonstick baking sheet and bake for about 5–8 minutes until golden brown and chicken is heated through. Serve immediately.

Yield 4 servings, Serving Size 1 pita pizza, Calories 275, Total Fat 5 g, Saturated Fat 1 g, Cholesterol 32 mg, Sodium 486 mg, Total Fiber 7 g, Protein 20 g, Carbohydrates 41 g, Potassium 362 mg