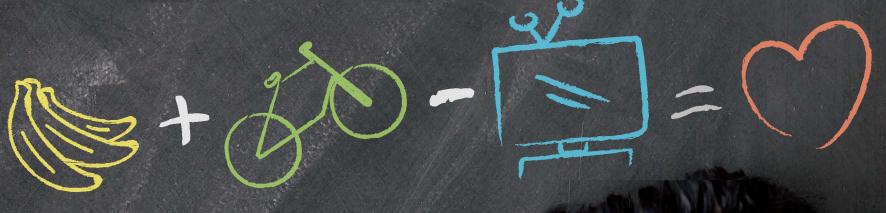
## ALESSON FOR CANSING A UEALTHY CHILD



Helping kids maintain a healthy weight isn't easy. But you have more power than you know. Provide nutritious foods, help your kids be more active, and reduce their screen time. Learn more at

http://wecan.nhlbi.nih.gov







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