



P.A.D. raises your risk of heart attack and stroke.

Your chances of getting P.A.D. (peripheral arterial disease) are higher if you are over age 50, are African American, if you smoke or have smoked, have diabetes, or a personal or family history of heart disease.

Learn more at
www.aboutpad.org



U.S. Department of Health and Human Services
National Institutes of Health
National Heart, Lung, and Blood Institute


Stay in Circulation
Take Steps to Learn About P.A.D.

