



NATIONAL WEAR RED DAY®
IS FRIDAY, FEBRUARY 7, 2014

On National Wear Red Day, Americans nationwide will wear red to show support for women's heart health. Join the movement on February 7 and encourage women to take steps to reduce their risk for heart disease, their #1 killer. For more information about *The Heart Truth*®, National Wear Red Day, and the *Red Dress*™, the national symbol for women and heart disease awareness, visit www.hearttruth.gov.



National Heart, Lung,
and Blood Institute



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