NATIONAL WEAR RED DAY®
IS FRIDAY, FEBRUARY 5, 2016

On National Wear Red Day, Americans nationwide will wear red to show support for women's heart health. Join the movement on February 5 and encourage women to take steps to reduce their risk for heart disease, their #1 killer. For more information about *The Heart Truth*®, National Wear Red Day, and the *Red Dress*®, the national symbol for women and heart disease awareness, visit **www.hearttruth.gov**.

DEPARTMENT OF HEALTH & HUMAN SERVICES • USA

NIH National Heart, Lung, and Blood Institute

THE heart TRUTH®

The Heart Truth, its logo, *The Red Dress*, and *Red Dress* are registered trademarks of the U.S. Department of Health and Human Services. National Wear Red Day is a registered trademark of the U.S. Department of Health and Human Services and American Heart Association.