

Fast Action Saves Lives

YOU MAY NOT BE SURE IT IS A HEART ATTACK.

A heart attack may not be sudden or very painful. You may not be sure what is wrong.
But it is important to check it out right away.



ACT FAST. CALL 9-1-1.



Call 9-1-1 in 5 minutes or less.
Do not drive yourself to the hospital.



When you call 9-1-1, an emergency vehicle arrives right away. Medicines can be given at once.

TO HELP SURVIVE A HEART ATTACK, TAKE THESE STEPS:

- Learn the warning signs of a heart attack, and act fast if you feel them.
- Talk with family and friends about the warning signs and the need to call 9-1-1 right away.
- Ask your doctor about your heart attack risk and how to lower it.
- Complete the “My Emergency Card” handout (page 41).