

Add Color and Flavor to Your Menu

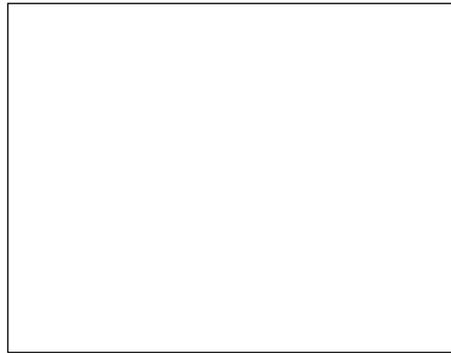
BREAKFAST

Omelet

Pan de sal

Coffee with fat-free milk

Vegetable



Fruit



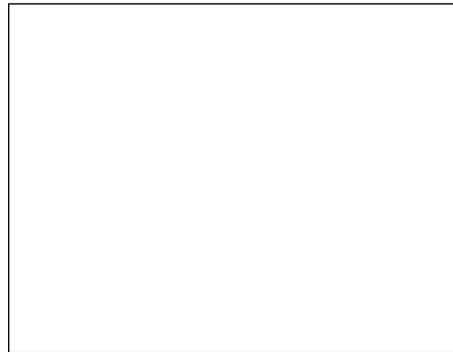
Add Color and Flavor to Your Menu *(continued)*

LUNCH

Grilled fish

Steamed rice

Vegetable



Vegetable



Fruit



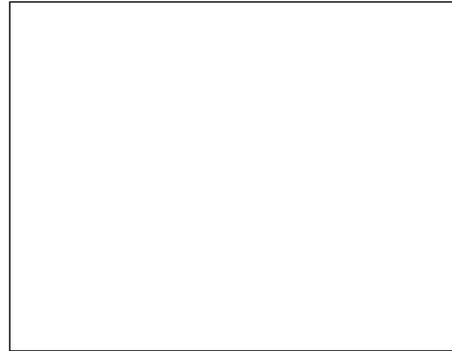
Add Color and Flavor to Your Menu *(continued)*

DINNER

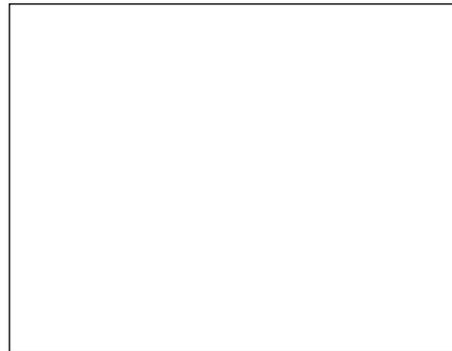
Roasted pork

Noodles

Vegetable



Vegetable



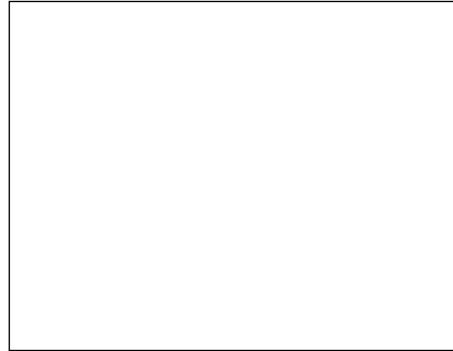
Fruit



Add Color and Flavor to Your Menu *(continued)*

SNACK

Vegetable



Fruit

