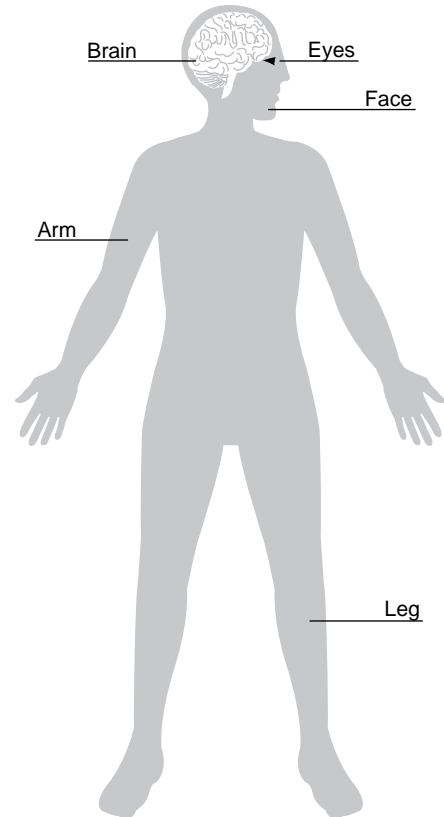


# Know the Warning Signs of a Stroke. Act Quickly.

A stroke happens when blood suddenly stops going to the brain and brain cells die. A stroke is very serious and can lead to disability and death.

## Signs of a stroke:

- Numbness of the face, arm, or leg (especially on one side of the body)
- Confusion, trouble talking, and difficulty understanding others
- Trouble seeing in one or both eyes
- Trouble walking, dizziness, and loss of balance or coordination
- Severe headache



## A Stroke Is Serious. Every Second Counts.

- Learn the warning signs of a stroke, and teach them to your family and friends.
- Call 9–1–1 immediately if you have any of these stroke warning signs.
- Treatment can reduce the risk of damage from a stroke. You must get help within 3 hours of your first symptoms.

Adapted from the American Stroke Association, “Let’s Talk About Risk Factors for Stroke,” 1999–2003. A division of the American Heart Association.