

# Fast Action Saves Lives

## **YOU MAY NOT BE SURE IT IS A HEART ATTACK.**

A heart attack may not be sudden or very painful. You may not be sure what is wrong.  
**But it is important to check it out right away.**



## **ACT FAST. CALL 9-1-1.**



Call 9-1-1 in 5 minutes or less.  
Do not drive yourself to the hospital.



When you call 9-1-1, an emergency vehicle arrives  
right away. Medicines can be given at once.

## **TO HELP SURVIVE A HEART ATTACK, TAKE THESE STEPS:**

- Learn warning signs of a heart attack, and act fast if you feel them.
- Talk with family and friends about the warning signs and the need to call 9-1-1 right away.
- Ask your doctor about your heart attack risk and how to lower it.
- Complete the “My Emergency Card” handout.