Monday, September 27, 2010

8:00 Call to order and Introductions (Stoney)

8:30 Background and Charge to the group (Blumenthal)

9:00 Discussion of the key epidemiological studies showing a positive relationship between stress and CVD endpoints.
   **Leaders:** Matthews

10:15 Break

10:30 Discussion of the key animal studies showing a positive relationship between stress and CVD endpoints.
   **Leaders:** Goldstein, Shively

12:00 Overall discussion and synthesis of the elements of stress that may be particularly important for CVD in epidemiological and animal studies.
   **Leaders:** Folkman

1:00 Working lunch

1:30 Discussion of key RCTs of stress reduction for the purpose of reducing CVD endpoints.
   **Leaders:** Lampert, Sheps

3:00 Break

3:15 Discussion of key RCTS of stress reduction for the purpose of altering other clinical endpoints.
   **Leaders:** Suls, Davidson

4:45 Overall discussion of conceptualization and elements of stress that may be particularly important for CVD in relationship to RCTs; can they be differentiated from elements important for other diseases/outcomes?
   **Leaders:** Freedland

5:30 Adjourn, Dinner on your own
Tuesday, September 28, 2010

8:00  Brief synopsis of previous day

8:15  Discussion of the experimental/quasi-experimental studies suggesting a relationship of stress with measures of CVD risk, such as reactivity studies  
     Leaders: Gerin, Krantz

10:00 Break

10:15 Overall discussion and synthesis of the elements of stress that may be particularly important for CVD in relationship to experimental studies.  
     Leaders: Kamarck, Schwartz

11:45 Working Lunch

12:30 What are the barriers and obstacles in moving the field forward toward planning a large-scale study of stress reduction intervention for CVD endpoints?  
     Leaders: Blumenthal

1:30 Recommendations (Kaufmann)

3:00 Workshop wrap-up (Blumenthal, Stoney, Kaufmann)