TOHP

Trials of Hypertension Prevention (TOHP), supported by the National Heart, Lung, and Blood Institute, National Institutes of Health

Visit ___ ___ ___
ID number ___ ___ ___ ___ ___ ___ ___ ___
Initials ___ ___ ___ ___ ___
Visit date ___ ___/ ___ ___/ ___ ___

TRIALS OF HYPERTENSION PREVENTION
Blood Pressure Measurements

WAIT 5 MINUTES SEATED

Cuff size — Small adult (<24cm) ___(1) Adult (24–32cm) ___(2)
Large adult (33–41cm) ___(3) Thigh (>41cm) ___(4)

Resting 30-second pulse ..... ___ ___/30 sec.

Pulse obliteration pressure (POP) ..... ___ ___ ___ mm Hg
+ 6 0

Peak inflation level for RZM (PIL) ___ ___ ___ mm Hg

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1. First random zero blood pressure ..... SBP/DBP

Uncorrected value ..... ___ ___ ___/___ ___ ___ mm Hg

Zero value ..... ___ ___

Corrected value ..... ___ ___ ___/___ ___ ___ mm Hg

WAIT 30 SECONDS

2. Second random zero blood pressure — SBP/DBP

Uncorrected value ..... ___ ___ ___/___ ___ ___ mm Hg

Zero value ..... ___ ___

Corrected value ..... ___ ___ ___/___ ___ ___ mm Hg

WAIT 30 SECONDS

3. Third random zero blood pressure — SBP/DBP

Uncorrected value ..... ___ ___ ___/___ ___ ___ mm Hg

Zero value ..... ___ ___

Corrected value ..... ___ ___ ___/___ ___ ___ mm Hg

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4. Sum of 3 corrected SBP's and 3 corrected DBP's ..... ___ ___ ___/___ ___ ___ mm Hg

5. Weight ..... ___ ___ ___ lbs.

If sum of 3 SBP's ≥480 or 3 DBP's ≥270, notify Clinic Coordinator or designee before participant leaves clinic.

Staff ID ___ ___ ___ ___ ___

Editor ID___ ___ ___ ___ ___