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ARCHIVE CO

MULTIPLE RISK FACTOR INTERVENTION TRIAL

ECG RECORDING LOG

Attach ECG ID Label Here

PARTICIPANT NAME (Last, First, Middle) HRTARG3S

FROM LABEL AT LEFT

CENTER CODE (5) | DATE MONTH DAY YEAR (6) | AGE (11) | VISIT

PARTICIPANT ID (19) | PERMANENT CASSETTE NO. (27)

PHYSICIAN CODE | TECHNICIAN CODE

CHEST SQUARE READING

0-E	0-V6	0-V4
☐☐.☐ (33)	☐☐.☐ (36)	☐☐.☐ (39)

AGE	35-39	40-44	45-49	50-54	55-57
TARGET HEART RATE	160	157	155	153	151

TARGET HEART RATE ☐☐☐ (42)

ROOM TEMPERATURE ☐☐ °F (45)

Was the target heart rate reached?

1 ☐ yes
2 ☐ no (111)

Check reason(s) for early termination

1 ☐ Chest discomfort suspected to be angina pectoris
2 ☐ Participant's indicated desire to terminate early
3 ☐ Dyspnea
4 ☐ Fatigue/weakness
5 ☐ Leg discomfort
6 ☐ Gait or speech disturbance
7 ☐ Systolic blood pressure ≥ 250 mm Hg
8 ☐ Blood pressure fall with increasing stage of exercise
9 ☐ Monitored or strip chart ST findings (≥ 1 mm ST change from sitting rest)
10 ☐ PVCs frequent (≥25% of beats)
11 ☐ PVCs pairs or runs
12 ☐ Any R on T PVC
13 ☐ Ectopic Tachycardia
14 ☐ Other arrhythmia
15 ☐ Conduction defect
16 ☐ Technical problem
17 ☐ Other, must be specified _____

Continue with screening procedure

ECG RECORDINGS		BLOOD PRESSURE B.P.	HEART RATE H.R.	FATIGUE RATING F.R.	RHYTHM CODE (Table 6)	ST SEGMENT CODE (Table 5)
RESTING:						
Standing	UPSBP3S	(47) ☐☐☐ (A) SBP				
	UPDBP3S	(50) ☐☐☐ (B) DBP				
Supine	HRSUP3S	———	(53) ☐☐☐			
Sitting	HRSIT3S	———	(56) ☐☐☐	☐☐	☐	☐
EXERCISE:		SYSTOLIC B.P.				
Stage 1, Elapsed Time 3, MPH/Grade 1.7 10%		(59) ☐☐☐ mm Hg	(62) ☐☐☐	SBP1ES3S ☐ ☐☐	HR1ES3S ☐ ☐	☐
Stage 2, 6, 2.5 12%		(65) ☐☐☐ mm Hg	(68) ☐☐☐	SBP2ES3S ☐ ☐☐	HR2ES3S ☐ ☐	☐
Stage 3, 9, 3.4 14%		(71) ☐☐☐ mm Hg	(74) ☐☐☐	SBP3ES3S ☐ ☐☐	HR3ES3S ☐ ☐	☐
Stage 4, 12, 4.2 16%		(77) ☐☐☐ mm Hg	(80) ☐☐☐	SBP4ES3S ☐ ☐☐	HR4ES3S ☐ ☐	☐
Stage 5, 15, 5.0 18%		(83) ☐☐☐ mm Hg	(86) ☐☐☐	SBP5ES3S ☐☐	HR5ES3S ☐	☐
Exercise Duration (min:sec)		(89) ☐☐:☐☐ EXDUR3S				
RECOVERY:						
Immediate Recovery	SBPIR3S	(93) ☐☐☐ mm Hg	(96) ☐☐☐	HRIR3S	☐	☐
3 min. Post Exercise	SBP3M3S	(99) ☐☐☐ mm Hg	(102) ☐☐☐	HR3M3S	☐	☐
6 min. Post Exercise (Optional)	SBP6M3S	(105) ☐☐☐ mm Hg	(108) ☐☐☐	HR6M3S	☐	☐

COMMENTS:

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FORM 32 (1-1) MAR 74
MRFIT–MULTIPLE RISK FACTOR INTERVENTION TRIAL
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(A) From Form 30
(B) From Form 30

Mail the white, canary and pink copies of the completed form with the ECG cassette to the Coordinating Center. Keep the goldenrod copy for your records.